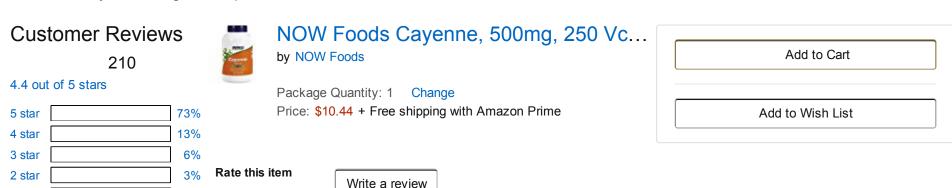


NOW Foods Cayenne, 500mg, 250 Vcaps > Customer Reviews

5%



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1 star

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I don't get sick anymore

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

Top critical review

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Three Stars

By Thomas Mork on March 17, 2017 not to sure its helping but be prepared it warms your belly

\$5.00 off coupon

on Crest 3D White Whitestrips with Light, 10 ct. Offer ends on or before Apr 30, 2017

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I don't get sick anymore

By Deborah Larson on October 21, 2016

Package Quantity: 1 Verified Purchase

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Comment

26 people found this helpful. Was this review helpful to you?



No

Report abuse

Labs results are back! I have being able to ...

By Titánico on August 21, 2014

Package Quantity: 1 Verified Purchase

Labs results are back! I have being able to leave my prescribed nitro glycerine! My body is synthesizing its own nitrates and the vasodilation originated by this supplement is keeping me alive! I'm also taking natto kinase for blood thinning.

3 comments

54 people found this helpful. Was this review helpful to you?



No

Report abuse

Helps with lowering my blood pressure!

By Tyra Walters on May 10, 2015

Package Quantity: 1 Verified Purchase

I take this as part of my daily vitamins to help with high blood pressure. If I take it every day, my bp will stay at a nice 120-something/80-something. I do need to eat a little something when I take tho, as it makes me burp cayenne a little.

1 comment

26 people found this helpful. Was this review helpful to you?



No

Report abuse

My favorite supplement.

By Riley Refuerzo on February 11, 2017

Package Quantity: 1 Verified Purchase

Questions? Get fast answers from reviewers

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

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\$4.74 - \$14.97

188



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138



Cayenne Pepper Capsules - 90 Kosher Caps - Now with 500mg Organic Cayenne Pepper Fruit... by Pure Mountain Botanicals \$15.67

45

I haven't been able to find a single supplement that has so many health benefits. Since taking this product, I've noticed a big improvement in my circulation, I'm a lot warmer now throughout the day. If you suffer from bad allergies you definitely should start taking this product. This will clear out your congestion within minutes. It is also supposed to be very good for your cardiovascular system. I have not noticed any side effects, you just have to remember to take this with some food or you might get a stomach ache. It is definitely worth taking the supplement daily.



Nature's Way Cayenne Pepper, 450 mg, 180 Capsules (Pack of 2)

by Nature's Way \$18.08

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122

Ok I've been taking this product for officially one month now and it's given me even more benefits that I thought of before. Besides clearing up my allergies, I've noticed this also helps if I have a headache (I think it has to do with the cayenne opening the blood vessels). If I have an upset stomach, I'll eat a banana and take two of these capsules, the cayenne is apparently also good for stopping diarrhea. Along side those benefits, there is also the plus of cayenne being able to lower your blood pressure naturally. Especially if you are under a lot of stress, this could be a good alternative to blood pressure medication. Anyways, I plan on buying more as soon as I run out. I take 4-5 pills a day, absolutely no side effect.

Comment

13 people found this helpful. Was this review helpful to you?

No

Report abuse

The product is easy to take

By WMW on June 8, 2016

Package Quantity: 1 Verified Purchase

The product is easy to take. Pills are on the smallish side, and do not upset my stomach. I have taken with and without food. I have taken the recommended dose each day since I received them with no noticeable aftertaste. I feel better since I started taking them.

Comment

11 people found this helpful. Was this review helpful to you?

Yes

No

Report abuse

highly recommended

By happy on November 14, 2015

Package Quantity: 1 Verified Purchase

Ordered this for a friend who was getting lots of headaches and blood pressure was extremely high, after taking for three days, pressure is fine and headaches are gone.....great product....a must have in the home.

Comment

15 people found this helpful. Was this review helpful to you? Yes

No

Report abuse

Good And Hot

By Gene T. on December 22, 2016

Package Quantity: 1 Verified Purchase

This cayenne is some potent stuff! It definitely contains some heat and works very well. It is a great pain and appetite reducer for me. I also notice better energy due to increased circulation. Research Cayenne Fruit for all the health benefits it provides. I highly recommend NOW brand Cayenne.....GT:)

Comment

8 people found this helpful. Was this review helpful to you?

Yes No

Report abuse

Take it with a meal

By ssqueakert on February 18, 2017

Package Quantity: 1 Verified Purchase

If you take it on an empty stomach it can give you cheat discomfort like bad heartburn. Take it with food and it's not a problem. It will bump up your heart rate, so don't take it before bed or it can be hard to sleep. But before a work out and you will feel like you have more energy and in theory, you will burn more calories and build muscle faster.

Comment

7 people found this helpful. Was this review helpful to you?

Yes

No

Report abuse

Pleasantly surprised!

By Kitty on August 27, 2016

Package Quantity: 1 Verified Purchase

I was really concerned that this would make my stomach issues worse but I was pleasantly surprised at the results. I have Celiac Disease and gastritis. This is a wonderful natural product.

Comment

7 people found this helpful. Was this review helpful to you?

Yes

No

Report abuse

Why not?

By N. Miller on January 12, 2017

Package Quantity: 1 Verified Purchase

I regularly season my food with hot sauces. Now we're learning there's medical evidence that capsaicin may infact assist the body in zapping cancer cells? I'm all in. I take two after a meal and they're not difficult going in or *ahem* coming out.

Comment

6 people found this helpful. Was this review helpful to you?

2

Yes

No Report abuse

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